



Indoor Soccer Information

How to register as a Coach or Assistant Coach in Club Power Up Sports Convenor system.

Please log in to www.simcoesoccer.ca

PLEASE:

1. Go to www.simoesoccer.ca click "registration now", then click "continue to powerup". Then either sign in or sign up.
There is "sign up" at the top right corner.
2. When registering an email for a coach or assistant coach, you must provide unique email that hasn't been used previously on Power Up unless you are the one that registered your child/children (ie to register your children, used by your spouse). I suggest that you get a @gmail.com account strictly for coaching.
3. After filling in your preferred email and password, it will take you to a profile page. Complete it using your info and save.
4. Next, you should see "volunteer now" on the left side, click it and then click "2023/2024 Indoor soccer". This will take you to an application page click Team Application, again confirm info and be sure "coach or assistant coach has been checked, Submit.
5. I will then approve each application and all coaches will have access to their team lists, after I have added you to team you will be able to send mass email to your player's. Please note that any email ending with @sdysc.ca is a dummy email please call player or contact clubmanager@simcoesoccer.ca

Once you have access to the team list and have handed out players shirts, please add your players shirt number to the system. This can be done by going to "tools" click "Player's ratings" player's name is already in the system for you, then you only need to add number this will make it so much easier instead of each game having to write numbers on game sheets provided by referee. Could you also go into the same system to rate players and if you could do this by end of February? This helps to make fair and balance teams when the teams are auto rostered.

6. Can you please complete the paper registration **Coach Code of Conduct, Rowan's Law**. Once completed submit it to the Club Manager.
7. **Police Vulnerable screening check** required by all coaches and assistant coaches 18 years or older, the OPP Check must be valid for 3 years from date Police Vulnerable screening check was

approved by OPP. You will require a letter signed by SDYSC president Brian Suggett, which you can obtain from Club Manager. You can apply online now by going to www.opp.ca/recordchecks

8. Please contact your players asap. Uniforms will be at the Aud for you at your first game please try and be their 15 minutes early to pick them up.

General information for Indoor Soccer:

a. No wet outdoor shoes or boots to be worn on the playing surface for either Coaches or Players.

b. All divisions warm up for 15 minutes prior to game time. Be ready for the game to start on time at 6:15 pm or 7:15 pm. Games are 2 x 20-minute halves with 3-minute half time break.

c. All divisions have a 5-goal difference ruling. Please try not to run up scores during game this is house league and there is no need to score more than 5 goals more than other team. We do have a 5-goal difference and for every goal over 5 the other team gets a goal added for them. i.e., 8 v 0 becomes 8 v 3.

Please move your players around and give them a chance to play different indoor soccer positions. All players must play at least 50% of the game. All scores are kept for all divisions.

d. 3 points are awarded for a win and 1 point awarded to each team for a tie.

e. All players **must wear shin guards, NO shin guards no play, no exceptions.** Shin guards must be worn under soccer socks (not showing shin guards).

f. All players must wear the team shirt provided by the club.

g. **No Jewelry can be worn on playing area.** A player cannot tape up jewelry, it must be removed.

h. Goalie pinnies are handed out to all coaches for your team to use please return on your last game of season.

i. Game balls are the responsibility of Referee. Warm-up soccer balls are the responsibility of the coaches. Coaches can collect before 6 pm and the 7 pm return to concession, no soccer balls are allowed outside playing area.

j. No player should jump over boards to retrieve the soccer ball. Please ask someone to retrieve the ball for the game, as it is a danger to players to do this.

k. Indoor Soccer Rules for scoring

(1) If the active shot is attempted from inside the opponents goal area, and enters the opponents goal, play is whistled, goal disallowed and an indirect free kick awarded to the defending team.

(2) If the active shot was attempted fairly outside the opponent's goal area and it AT ANY TIME IN THE PROGRESSION OF THE SHOT deflects off an attacking teammate while located inside the opponents goal area and enters the opponents goal, play is whistled, goal disallowed and a goal kick is awarded to the opposing team.

(3) if the active shot was attempted fairly outside the opponents goal area and it deflects off an

opponent (defender) while located in that goal area, play continues, including awarding a goal should the ball enter the opponents goal, provided no other infringement or fouls have been committed prior to the ball entering the goal.

(4) if the active shot was attempted fairly outside the area and it rebounds inside the area, a player from the attacking team may play the ball, but cannot take an active shot attempt from anywhere inside the goal area. (i.e. needs to be first brought back outside the area for another attempt on goal). If an attempted shot is taken and it enters the goal, #1 above applies.

Referees will be reminded to try to immediately whistle any OBVIOUS attempted active shot that occurs in the opponent's goal area. The act of an obvious attempted shot on goal while in the opponent's goal area will be deemed a foul, no matter the result of the said attempt.

l. All indoor soccer free kicks shall be classified as "indirect free kicks" i.e., a goal **cannot** be scored by a Free kick unless another player has touched the ball other than the kicker. The opposing players must be 2 meters from the ball.

m. When the ball leaves the playing area from the sideboards the opposing team will take a kick in.

n. When the ball leaves the playing area from the end and the attacking team has kicked it out, the goalkeeper is awarded a goal kick. A goal **cannot** be scored from a goal kick.

o. If the ball goes out at end boards by the defending team, a corner kick in is taken. A goal **cannot** be scored from a corner kick.

p. If you have an abusive parent or spectator, please ask them to stop the abuse. The Club does have a **Zero Tolerance Policy** in place. If abuse is report to Club Manager or any Board of Director, the parent or spectator could be brought before a Discipline panel which could result in a ban from the AUD and further soccer game indoor or outdoor.

q. Substituting any player can be done without the permission of the Ref, except for the Goalkeeper. A sub of the goalkeeper must be done at stoppage of game and have permission of the ref to change.

r. A player leaving or entering the playing area must not play the ball until both the player leaving and entering have finished substituting.

s. There are no offsides in indoor soccer.