



2023/2024 INDOOR SOCCER COACHES INFORMATION

Once you have registered as a coach or assistant coach in our Powerup system in registration. I approve you and will add you to a team by November 20, 2023. This is the date you will be able to access your team and schedule.

To be able to see your team please once again visit PowerUp registration system approve the team you are coaching this will give you access to your team to be able to email or call your players.

Season starts the week of November 27, 2023. Shirts will be handed out prior to your game please be there at least 15 minutes before your first game.

You are required to complete the following:

- a). Police Vulnerable Sector check with the OPP. This is done online, and you will require a letter from Club President which you can obtain from Club Manager. Once you have a police check then you can email to Club Manager. You will require one if you do not have a valid police check dated in 2021, 2022 or 2023.
- b). Coaches Code of Conduct please sign and return to Club Manager.
- c). Rowan's Law (Ontario Government Mandatory Form) also sign and return to Club Manager.

GERNERAL INFORMATION FOR INDOOR SOCCER

- a). Indoor soccer shoes or non marking running shoes allowed (NO outdoor cleats) in playing area.
- b). NO Wet shoes or boots allowed in playing area this includes all players/coaches.
- c). No Jewelry at all can be worn during play.
- d). All divisions U10, U13 & U18 practice starting on the hour for 10 – 15 minutes prior to game. All Games will start at 15 minutes past the hour and are 2 x 20-minute halves with 3 minutes half time break. Please leave playing area as soon as possible we do have other games to play.
- e). The coaches for the first game of evening will collect practice ball bag from concession and the last game of evening will return bag to concession.
- f). Game balls and game sheets are responsibility of Referee.
- e). Only players and coaches in area by doors to playing area (no spectators).
- f). No climbing on boards or standing on chairs allowed.

- g). SDYSC have a Zero Tolerance Policy in place. Abuse of Referees, players or coaches will NOT be tolerated.
- h). All games are 2 x 20 minutes with 3 minutes half time break. If you are not ready to play at 15 minutes past the hour the time will start no extra time available.
- i). All games are 5 v 5 if your team can not field 4 players your team will forfeit 3 v 0. If both teams can not field 4 players, then it's a double forfeit 1 v 1.
- j). Standings are kept in all divisions. 3 points for win 1 point for tie. No overtime allowed to break tie.
- k). We have a five (5) goal difference in place so for every goal over 5 the opposing team will also receive a goal e.g., 8 v 0 becomes 8 v 3.
- l). If games are not played due to weather conditions the games will not be rescheduled. We have given a 15-week season instead of a 12-week season.
- m). All free kicks are indirect (another player must touch the ball after it has been kicked).
- n). Please make sure that you check your schedules we have dates that are not available to us so to make sure all teams have same number of games your team may play a different day of week or even different month to fit in all games. Yes, we do play during March break we always have done.

RULE FOR SCORING GOALS

- 1). If the active shot is attempted from inside the opponent's goal area, and enters the opponent's goal, play is whistled. Goal will be disallowed, and an indirect free kick will be awarded to the defending team.
- 2). If the active shot was attempted fairly outside the opponent's goal area and it at any time in the progression of the shot deflects off an attacking teammate while located inside the opponent's goal area and enters the goal, play is whistled. Goal disallowed and a goal kick is awarded to the opposing team.
- 3). If the active shot was attempted fairly outside the opponent's goal area and it deflects off an opponent (defender) while located in that goal area, play continues, including awarding a goal should the ball enter the opponent's goal. This is provided no other infringement or fouls have been committed prior to the ball entering the goal.
- 4). If the active shot was attempted fairly outside the goal area and it rebounds inside the area, a player from the attacking team may play the ball. They can't take an active shot from anywhere inside the goal area. The ball needs to be brought back outside goal area for another attempt on goal.